

Summer/Fall 2010

For more information on **professional educational programs**, please contact Laura Printy, Professional Education Manager, at 858.492.4400 or e-mail at laura.printy@sanalz.org

Professional Education Programs

About Dementia** provides participants with a definition of dementia and its impact on a person's ability to function. The module includes three one-hour sessions: Dementia Basics, Improving Communication and Understanding Behavior. Attendees will learn about the effects of dementia; practice dementia care techniques; improve verbal and non-verbal communication strategies; understand ways that dementia affects behavior; and determine when a behavior is a concern.

Tuesday, July 27

1 – 4 p.m.

Alzheimer's Association
6632 Convoy Court, San
Diego, CA 92111
858.492.4400 to register

Tuesday, September 14

9 a.m. – 12 noon

Grossmont Healthcare
District Conference Center
9001 Wakarusa Street, La
Mesa, CA 91942
858.492.4400 to register

Thursday, October 14

1 – 4 p.m.

Alzheimer's Association
6632 Convoy Court, San
Diego, CA 92111
858.492.4400 to register

Enhancing Mealtime* teaches staff the importance of proper nutrition and approaches for challenging mealtime situations. The module includes two one-hour sessions. Attendees will draw on knowledge of resident needs and preferences to improve nutrition and hydration; understand the experience of being dependent; determine the cause and approach for challenging mealtime situations; describe ways to make mealtime a pleasant experience.

Thursday, September 9 10 a.m. – 12 noon

Alzheimer's Association
6632 Convoy Court, San Diego, CA 92111
858.492.4400 to register

Providing End-of-Life Care** provides participants with information to minimize resident's physical, emotional and spiritual distress, while maximizing comfort and wellbeing in a manner consistent with an individual's preferences regarding end-of-life care. The module includes three one-hour sessions: Communication and Advance Planning, Addressing Symptoms and Emotional and Spiritual Support. Attendees will describe late-stage Alzheimer's disease; list strategies for making an effective end-of-life transition for your residents; identify end-of-life symptoms; explain appropriate care approaches to end-of-life symptoms; and describe a care team model for responding to symptoms as efficiently and sensitively as possible.

Wednesday, October 20 9 a.m. – 12 noon

Aegis of Escondido
3012 Bear Valley Pkwy So.
Escondido, CA 92925
858.492.4400 to register

Reducing Pain* discusses the different types and causes of pain and teaches staff approaches for reducing pain. The module includes two one-hour sessions. Attendees will learn to observe signs of pain; identify pain in residents with dementia; describe different types of pain; understand strategies to address and respond to pain.

Wednesday, August 18 1 – 3 p.m.

Emeritus at Oceanside
3524 Lake Boulevard, Oceanside, CA 92056
858.492.4400 to register

Reducing Risk of Falls* helps to define falls and to understand both individual and surrounding risk factors for falls. The module includes two one-hour sessions. Attendees will learn to understand the benefits of mobility even for those at risk for falls; to identify key components of a falls incident report; and use information about the resident's history and preferences to reduce falls risk.

Tuesday, August 3 10 a.m. – 12 noon

Alzheimer's Association
6632 Convoy Court, San Diego, CA 92111
858.492.4400 to register

Understanding Wandering* discusses why wandering occurs and defines wandering. The module includes two one-hour sessions. Attendees will learn to identify situations that may lead to wandering; explain the difference between safe and unsafe wandering; identify a resident at risk for wandering and apply strategies that promote safe wandering while preventing exit seeking.

Wednesday, July 21 10 a.m. – 12 noon

Paradise Village
2700 E. 4th Street, National City, CA 91950
858.492.4400 to register

This workshop meets the qualifications for **two hours of continuing education credit from CDSS for RCFE Administrator Recertification, vendor # 1000733-740-2. Provider approved for **two** hours of continuing education credit for MFTs and LCSWs as required by the California Board of Behavioral Sciences (PCE 1507). Provider also approved by the California Board of Registered Nursing (CEP 12772) for **two** contact hours. **Cost is \$20 for professionals.***

This workshop meets the qualifications for **three** hours of continuing education credit from CDSS for RCFE Administrator Recertification, vendor # 1000733-740-2. Provider approved for **three** hours of continuing education credit for MFTs and LCSWs as required by the California Board of Behavioral Sciences (PCE 1507). Provider also approved by the California Board of Registered Nursing (CEP 12772) for **three** contact hours. **Cost is \$30 for professionals.