

**Sept 6  
Office  
Closed**

**Chapter office closed in honor of Labor Day  
Please contact the 24/7 Helpline at  
800.272.3900.**

**Aug 3 - Sept 7  
Savvy Caregiver  
Training**

**Tuesday, Sept 7** 10 a.m. - 12 noon  
Center for Health Promotion Wellness  
Paradise Valley Hospital  
2345 E. 8th Street, National City, CA 92111  
**Call: 858.492.4400** to register

**Sept 16  
Family  
Orientation**

**Thursday, Sept 16** 4 - 6 p.m.  
Las Villas Del Norte  
1325 Las Villas Way, Escondido, CA 92026  
**Call: 858.492.4400** to register

**Sept 21  
Understanding  
Caregiver  
Emotions**

**Tuesday, Sept 21** 10 a.m. - 12 noon  
Alzheimer's Association  
6632 Convoy Court, San Diego, CA 92111  
**Call: 858.492.4400** to register

**Sept 23  
Addressing  
Behavior**

**Thursday, Sept 23** 12 noon - 2 p.m.  
Rancho Bernardo Library Community Rm  
17110 Bernardo Center Drive  
San Diego, CA 92128  
**Call: 858.492.4400** to register

**Sept 24  
Dementia  
& Safety**

**Friday, Sept 24** 10 - 12 noon  
Alzheimer's Association  
6632 Convoy Court, San Diego, CA 92111  
**Call: 858.492.4400** to register

**September  
09**

**Professional Education:  
Reducing the Risk of Falls**  
**Tuesday, August 3** 10 a.m. - 12 noon  
**Call: 858.492.4400** to register

**September  
14**

**Professional Education:  
Reducing Pain**  
**Wednesday, August 18** 1 - 3 p.m.  
**Call: 858.492.4400** to register

**September  
28**

**Volunteer Orientation**  
**9 a.m. - 10:30 a.m.**  
R.S.V.P. 858.492.4400 x142